



# Aston Rowant C+E Primary School

## Relationship and Sex Education Policy

### Mission Statement

**Vision:** To be a community of courageous life-long learners, who are rooted in God, live out our Christian values and enjoy life in all its fullness. (Col 2:1-7)

**Mission:** Growing together, rooted in God and inspiring one another through our values and our broad enriched curriculum.

**Strapline:** Growing together, rooted in God, having fullness of life (Col 2:1-7)

**Date of Policy: October 2025**

**Date of Policy review: September 2027**

Head Teacher: Mrs H France

Date: 6<sup>th</sup> October 2025

Chair of Governors: Mr T Sowerby

Date: 6<sup>th</sup> October 2025

Our values of **Gratitude, Resilience, Outreach, Wonder, Trust and Harmony** underpin all RSE teaching.

### I. POLICIES

This RSE Policy is aligned with:

- DfE Statutory Guidance (2020)
- Equality Act 2010
- *Valuing All God's Children* (Church of England)
- *Keeping Children Safe in Education (KCSIE) 2025*
- Ofsted 2025 expectations around inclusion, safeguarding and curriculum quality

RSE at Aston Rowant is taught within our PSHE and wider curriculum, preparing pupils for healthy, respectful relationships and equipping them with knowledge to stay safe.

### 2. AIMS OF RSE

#### 2.1 Attitudes and Values

We aim to:

- help children recognise their unique value as individuals;
- understand the importance of loving, stable relationships;
- develop respect for self and others;
- foster self-esteem and confidence in expressing emotions.

#### 2.2 Personal and Social Skills

We support pupils to:

- manage emotions positively and sensitively;
- develop empathy and self-respect;
- form healthy, respectful relationships;
- recognise unsafe or unhealthy situations;
- seek support when needed.

#### 2.3 Knowledge and Understanding

Pupils will learn:

- correct names for body parts;
- physical development and puberty (age-appropriate);
- basics of human reproduction (Year 6);
- how bodies and emotions change over time.

### 3. RSE IN THE CONTEXT OF CHRISTIAN VALUES

RSE is taught within the theological and moral framework of our school's Christian ethos. We teach that:

- all people are created in God's image;
- healthy relationships are built on trust, love and respect;
- family life can take different forms;
- positive relationships contribute to wellbeing.

#### 4. CURRICULUM DESIGN & DELIVERY

RSE is taught:

- through PSHE;
- through Science and RE links;
- by class teachers, supported by the PSHE lead, SLT or external agencies (e.g., school nurses).

Staff Training

- annual safeguarding training (KCSIE compliant);
- RSE updates via PSHE lead;
- support in handling sensitive questions.

#### 5. GROUND RULES & SAFE LEARNING ENVIRONMENT

- respectful listening;
- no personal disclosures;
- use of correct vocabulary;
- optional anonymous questioning;
- age-appropriate responses.

Students are taught that questions outside curriculum scope may be answered individually.

#### 6. ANSWERING DIFFICULT QUESTIONS

Staff will:

- answer honestly but age-appropriately;
- avoid providing explicit detail beyond curriculum expectations;
- consult the Headteacher for complex queries;
- avoid personal stories;
- notify DSL if a disclosure suggests harm.

#### 7. SAFEGUARDING

Safeguarding is fully integrated into RSE.

Staff must follow the school's safeguarding procedures if:

- a child discloses sexual activity or abuse;
- a child demonstrates worrying sexualised behaviour;
- a question indicates possible harm or risk.

All concerns are logged on **MyConcern** and immediately escalated to the DSL or Deputy DSL.

#### 8. PUBERTY EDUCATION

Taught in Years 5 and 6. Content includes:

- body changes;
- menstruation and practical arrangements;
- emotional impacts of puberty.

Where appropriate, single-sex groups may be used.

#### 9. TEACHING ABOUT SEX & REPRODUCTION (YEAR 6 ONLY)

Taught within the context of:

**GRATITUDE    RESILIENCE    OUTREACH    WONDER    TRUST    HARMONY**  
*Growing together, rooted in God, enjoying fullness of life. (Colossians 2:1-7)*

- healthy adult relationships;
- responsibilities of parenthood;
- factual knowledge about reproduction.

No explicit detail is given regarding access to contraception.

## 10. QUESTIONS ABOUT SEXUAL IDENTITY & ORIENTATION

Aligned with *Valuing All God's Children* (CofE), RSE:

- acknowledges diverse relationships factually;
- challenges prejudice including homophobic, biphobic or transphobic bullying;
- teaches respect and dignity for all.

We do **not** teach sexual orientation as a topic but respond appropriately to age-relevant questions.

## 11. ONLINE SAFETY

Children learn:

- how to stay safe online;
- how to recognise unhealthy digital behaviours;
- respectful online communication;
- what to do if something worries them.

## 12. PARENTAL INVOLVEMENT

We work collaboratively with parents:

- providing access to this policy and curriculum content;
- inviting Year 6 parents to view resources;
- answering questions openly;
- respecting parental values.

Parents may withdraw their child from **sex education**, but **not** from statutory Relationships Education. Requests must be made in writing to the Headteacher.

## 13. EQUALITY & INCLUSION (EQUALITY ACT 2010)

RSE is inclusive of pupils:

- with SEND;
- from all faiths and families;
- with protected characteristics.

We:

- differentiate appropriately;
- remove barriers to understanding;
- ensure RSE does not reinforce stereotypes.

## 14. MONITORING & REVIEW

The RSE Lead, DSL and SLT will monitor:

- lesson delivery;
- staff confidence and training needs;
- pupil voice;
- safeguarding patterns linked to RSE;
- appropriateness and impact of curriculum content.

Governors receive annual reports on RSE provision.

The policy will be reviewed every **two years**, or sooner if national guidance changes.

## **15. STATUTORY AND LINKED DOCUMENTS**

- DfE RSE Statutory Guidance (2020)
- Equality Act 2010
- Safeguarding & Child Protection Policy
- Behaviour Policy
- Equality Policy
- *Valuing All God's Children* (Church of England)
- Anti-Bullying Policy