



**POLICE**  
CyberCheck

**IMPROVE YOUR  
CYBER DEFENCES**

**ONE STEP AT A TIME**







Scan the QR, search online for Police CyberCheck  
or visit <https://cybercheck.southeastcyber.police.uk>

# FOUNDATION ACTIONS

## SAFE AND SECURE ONLINE HABITS

Step-by-step guidance for all major platforms to:

-  **Turn on 2SV on your main email account**
-  **Turn on 2SV on your social media accounts**
-  **Use a strong, unique password on your main email account**
-  **Review your email accounts for involvement in data breaches**

**Completed these?**

**Take your cybersecurity to the next level  
with Improver and Enhanced Actions**

**Do you run a community group, charity, business  
or other organisation?**

**We offer fully-funded cyber security training and events.**

**Contact us:**



**CyberProtect@serocu.police.uk**