



Aston Rowant C+E Primary School

PSHE Policy

Vision: To be a community of courageous life-long learners, who are rooted in God, live out our Christian values and enjoy life in all its fullness. (Col 2:1-7)

Mission: Growing together, rooted in God and inspiring one another through our values and our broad enriched curriculum.

Strapline: Growing together, rooted in God, having fullness of life (Col 2:1-7)

Date of Policy: October 2025

Date of Policy review: September 2028

Head Teacher: Mrs H France

Date: 6th October 2025

Chair of Governors: Mr T Sowerby

Date: 6th October 2025

Personal, social, health and economic education (PSHE) enables children to become healthy, independent and responsible members of society. Within Aston Rowant CofE Primary School, children are encouraged to play a positive role in contributing to the life of the school and the wider community. Through this role, children develop their sense of self-worth. Planning includes units linked to sex and relationship education, drug education, finances, community living, anti-bullying and protective behaviours. Planning also includes units about rights and responsibilities and learn to appreciate what it means to be a positive member of a diverse multicultural society understanding British Values.

Aims

The aims of personal, social and health education and citizenship are to enable the children to:

- understand the school and British values; their impact on their daily lives and within the school and the wider community including that of the Christian faith
- know and understand what constitutes a healthy lifestyle
- know how to keep themselves and others safe
- understand what makes for good relationships with others
- have respect and tolerance for others
- be independent and responsible members of the school community
- be positive and active members of a democratic society
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- develop a knowledge and appreciation of money and the effect it has on themselves and others
- develop good relationships with other members of the school and the wider community

Teaching and Learning

A range of teaching and learning styles support the development and learning within PSHE by placing an emphasis on interactive learning through including the children in discussions, investigations and problem solving activities. Staff encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school events or involvement in an activity to help other individuals or groups less fortunate than themselves.

Teachers organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. The school offers children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, who are invited into the school to talk about their role in creating a positive and supportive local community.

GRATITUDE RESILIENCE OUTREACH WONDER TRUST HARMONY

Growing together, rooted in God, enjoying fullness of life. (Colossians 2:1-7)

Planning

Aston Rowant CofE Primary School follows Kapow planning. This includes lesson plans linked to the curriculum and current legislation.

PSHE is taught in a variety of ways; weekly sessions, blocked afternoons or whole days. Sometimes PSHE is introduced through other subjects when links naturally occur. As there is a large overlap between the programme of study for religious education, the school values, British Values and PSHE we teach a considerable amount of the curriculum through our religious education lessons and collective worship times.

PSHE is extended through activities and whole-school events, e.g. national weeks such as Anti-Bullying week. Through residential visits in Key Stage 2, pupils participate in activities to develop their self-esteem as well as having opportunities to develop leadership and co-operative skills.

Within the school, children and adults are encouraged to reflect on and live out our Christian GROWTH values and British Values around the school in lesson time as well as during breaks and other activities. All members of the school community can present values certificates to their peers (children and adults) during celebration assemblies when they have been seen in action.

Early Years Foundation Stage (Reception)

In EYFS PSHE is taught as an integral part of the curriculum covered during the year. Planning is related the PSHE aspects of the children's work to the objectives set out in the EYFS guidelines.

Teaching PSHE and citizenship to children with SEND

PSHE is inclusive to all children, whatever their ability. Planning is differentiated/adapted as needed to ensure all children can access the PSHE units and further develop themselves. Teachers provide learning opportunities that enable all pupils to make progress including the sourcing of alternative resources as necessary.

Assessment and recording

Teachers assess the children's work in PSHE by a variety of methods as they observe them during lessons following the specific learning objectives linked to the unit. Large (floor) books are used in each class to show examples of discussions, work undertaken and recordings through photographs.

Monitoring and review

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.