

## Anti-bullying Week 15<sup>th</sup> – 19<sup>th</sup> November 2021

The theme Anti-bullying Week this year has been 'One Kind Word'. Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us. Linked to this we looked at the NSPCC and Childline campaigns: Nobody is Normal (about being different); and Tough to Talk (boys' mental health).

Nobody is Normal campaign headed by the NSPCC Lots of things can make you feel different, you might:

- look different to the people around you, or be deaf or disabled
- struggle with your mental health
- worry about how people will react to your sexuality or gender identity
- have experienced something difficult
- feel self-conscious about the way you look
- be scared to share what's happening at home.
- Or lots of other things.

Whatever's making you feel different, it doesn't mean you have to cope alone.



*"Look I'm different."  
Reception*



*"Odd sock day was fun!"  
Year 2*

*"Everyone is unique like the socks we wear today."  
Year 5*



*"Socks are like our personalities – odd but beautiful."  
Year 6*



**GRATITUDE**

**RESILIENCE**

**OUTREACH**

**WONDER**

**TRUST**

**HARMONY**