

BE BRIGHT BE SEEN DAY 2025

Theme: Sparkle, Flash & Shine!

EYFS – “Twinkly Trails”

Task: Create pathways with glow stars and follow them with torches.

Why it matters: Teaches children to follow safe, visible routes.

What they learnt: Direction, safe walking habits.

Year 1 – “Flashlight Disco!”

Task: Dance in the hall with torches to see how movement affects visibility.

Why it matters: Shows how being active and bright makes them easier to spot.

What they learnt: Movement, rhythm, visibility principles.

Year 2 – “Reflective Reading Buddies”

Task: Pair with older pupils to add reflective strips to bookbags.

Why it matters: Peer support builds confidence.

What they learnt: Collaboration, responsibility.

Year 3 – “Car Headlights Simulation”

Task: Using long corridors as “roads”, simulate headlights with torches to test how visible different colours are.

Why it matters: Real-world application keeps children safer.

What they learnt: Distance, light travel, experiment recording.

Year 4 – “Be Seen Design Studio”

Task: Children design a high-vis fashion item and present it runway-style.

Why it matters: Makes safety fun and memorable.

What they learnt: Presentation skills, design principles.

Year 5 – “Maths of Light & Distance”

Task: Measure how far away different colours can be seen using metre sticks outdoors.

Why it matters: Connects maths to life-saving knowledge.

What they learnt: Measurement, recording, interpreting data.

Year 6 – “Podcast: How to Stay Seen”

Task: Create a short safety podcast for younger pupils.

Why it matters: Encourages leadership and communication.

What they learnt: Script writing, recording, advocacy.