

Walk to School Day 2023 **Personal Development, SMSC & Behaviour in Action**

Our Walk to School Day, held on Wednesday 14 June 2023, was a rich and meaningful enrichment experience that strongly supported our school's commitment to the Ofsted framework, particularly Personal Development, Spiritual, Moral, Social and Cultural (SMSC) education, and Positive Behaviour & Attitudes.

We were proud to join over 110,000 children from more than 720 primary schools nationwide, all walking to school at the same time to promote the health, wellbeing and environmental benefits of walking, while also raising awareness of children's right to safe and healthy journeys.

Personal Development

Supporting Health, Wellbeing and Life Skills

Walk to School Day actively encouraged children to take responsibility for their physical health and emotional wellbeing, helping them understand the importance of an active lifestyle and positive daily habits.

Children reflected on how walking:

- Improves physical fitness and mental health
- Helps them feel calm and ready to learn
- Supports independence and resilience
- Protects the environment

Child voice:

"Walking to school makes me feel awake and happy before lessons."

"I felt proud because I was doing something good for my body and the planet."

Through this enrichment opportunity, pupils were empowered to make informed, healthy choices that extend beyond school and into everyday life.

Personal Development & Behaviour & Attitudes

Learning About Risk, Safety and Responsibility

A key focus of Walk to School Day was developing pupils' understanding of risk, safety and responsible behaviour when walking near roads.

Children learned that:

- Traffic danger can limit families' ability to walk safely
- Children of all ages are vulnerable near roads
- On average, six children are killed or seriously injured on Britain's roads every day - the equivalent of a whole class each week

Discussions were carefully adapted to be age-appropriate, helping children build knowledge without fear, while reinforcing:

- Safe road-crossing behaviours
- Awareness of surroundings
- Following rules to keep themselves and others safe

Child voice:

"You have to stop, look and listen because cars don't always see children."

"I told my mum why crossings are important."

This directly supported pupils' **behaviour and attitudes**, encouraging them to make sensible decisions, show care for others, and understand how their actions impact safety.

SMSC Development

Citizenship, Community and Social Responsibility

Walk to School Day offered rich opportunities for Social and Moral development, helping children understand their role as active citizens within their community.

By taking part, pupils:

- Learned that their voices matter
- Explored children's rights to safe environments
- Understood how community design affects health and equality
- Recognised the importance of protecting others, not just themselves

Child voice:

"I didn't know children could be hurt on roads so much - it made me think."

"If more people walked, it would be safer and cleaner."

Parents and carers were encouraged to engage with the day's message, helping strengthen links between home, school and the wider community, and reinforcing shared responsibility for children's safety.

Celebrating Positive Attitudes and Achievement

We were delighted by the enthusiasm shown by pupils and families. Thank you to everyone who sent in photos of their walk to school - these helped build a strong sense of pride, belonging and shared achievement.

- Walk to School Competition Winner: *Freya W*
- Class Achievement: *Owl Class*, who collectively walked an impressive extra 5.4 miles

These successes reflected our school values of teamwork, perseverance, and mutual encouragement.

Meaningful Enrichment with Lasting Impact

Overall, Walk to School Day was a highly effective enrichment experience that brought learning to life beyond the classroom. It enabled children to develop knowledge, skills, awareness and attitudes that support them in becoming healthy, confident and socially responsible individuals.

Walk to School Day – Impact on Pupils

- Strengthened Personal Development through health, wellbeing and independence
- Supported SMSC education, particularly social responsibility and citizenship
- Reinforced positive behaviour and attitudes, risk awareness and safety
- Promoted children's understanding of rights, choice and community impact
- Embedded learning through real-life experience and child voice
- Fostered strong links between school, families and the wider community

