



Aston Rowant C+E Primary School

Growing together we inspire each other to achieve our full potential as courageous life long learners.

PD skills progression EYFS Aston Rowant C+E Primary School

The goal of education in Aston Rowant C+E Primary School is to enable our children be **curious** in their approach to learning, to be **courageous** in their attitude to learning, to be empowered to work both **independently** and **collaboratively**, to understand the impact their learning has had on them so far and be inspired to **keep learning**.

	Autumn Term	Spring Term	Summer Term
Gross Motor Skills	<p>1.1. Revise and refine the fundamental movement skills they have already acquired:</p> <ul style="list-style-type: none"> - Rolling - Crawling - Walking - Jumping - Running - Hopping - Skipping - Climbing <p>1.2. Progress towards a more fluent style of moving, with developing control and grace.</p> <p>1.3. Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</p>	<p>2.1. Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.</p> <p>2.2. Combine different movements with ease and fluency.</p> <p>2.3. Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting and aiming.</p>	<p>3.1. Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming.</p> <p>3.2. Develop confidence, precision and accuracy when engaging in activities that involve a ball.</p> <p><u>ELG Gross Motor Skills</u> Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p><u>ELG Gross Motor Skills</u> Demonstrate strength, balance and coordination when playing.</p> <p><u>ELG Gross Motor Skills</u> Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>
Fine Motor Skills	<p>1.1. Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks, spoons.</p>	<p>2.1. Develop the foundations of a hand writing style which is fast, accurate and efficient.</p>	<p><u>ELG Fine Motor Skills</u> Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.</p> <p><u>ELG Fine Motor Skills</u> Use a range of small tools, including scissors, paintbrushes and cutlery.</p> <p><u>ELG Fine Motor Skills</u> Begin to show accuracy and care when drawing</p>

GRATITUDE

RESILIANC

OUTREACH

WONDER

TRUTH

HARMONY

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Health and Self-Care</p>	<p>1.1. Be increasingly independent in meeting their own care needs. E.g. Brushing teeth, using the toilet, washing and drying their hands thoroughly.</p> <p>3.2. Make healthy choices about food, drink, activity and tooth brushing.</p>	<p>2.1. Further develop the skills they needs to manage the school day successfully:</p> <ul style="list-style-type: none"> - Lining up and queuing - Mealtimes - Personal; hygiene 	<p>3.1. Know and talk about the different factors that support their overall health and wellbeing:</p> <ul style="list-style-type: none"> - Regular physical activity - Healthy heating - Tooth brushing - Sensible amounts of 'screen time' - Having a good sleep routine - Being a safe pedestrian <p>No ELG relating to Health and Self-Care</p>
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