

PSED

Learning about the Zones of Regulation, beginning to recognise their feelings and self-regulate to use simple strategies to help themselves stay calm, focused, and ready for learning.

Maths:

This half term we will continue to develop our number sense as we focus on numbers 6, 7 and 8. We will look at these numbers can be composed as well as comparison between them.

We will also learn about 3d shapes, learning about their names and how we can describe them. We will then look back at repeated patterns. This time focusing on slightly more complicated patterns, trying to continue them and create our own.

Literacy

We will be focusing on:

- Non-fiction texts about **life cycles** and **growing plants**
- Story texts including:
The Enormous Turnip, Oliver's Vegetables, and Chicken Licken
- Retelling stories using talk, role play, puppets, and sequencing

How you can help at home:

- Read stories together and talk about what happens at the beginning, middle, and end
- Encourage your child to retell stories in their own words
- Look at non-fiction books about plants, animals, or nature and discuss what you learn

Possible enrichment activities:

- Visit to The lookout centre in Bracknell (18th of March) to learn about our bodies and being healthy.
- Life from eggs - hands on project
- Growing our own food

Understanding the World

We will be:

- Hatching **real-life chicks** and learning about each stage of their development
- Learning how to care for living things
- Exploring the basics of **farming and agriculture**
- Growing our own **vegetables** and observing how plants change over time

How you can help at home:

- Talk about where food comes from and how it is grown
- Involve your child in gardening, planting seeds, or caring for plants
- Discuss changes they notice in animals or plants

Food and Farming

Communication and Language

This term, we will be strengthening the children's listening, attention, and early executive function skills.

Our learning will include:

- **Answering questions about stories and texts** that have been read to them, helping them understand and talk about what they have heard
- **Predicting what might happen next** in a story by using their growing understanding of how stories work
- **Using new and modelled vocabulary** during role play, particularly in areas such as Small World, to help them experiment with language in meaningful contexts
- **Choosing familiar books and stories** to revisit in the book area, and requesting favourite stories and poems to enjoy again
- **Joining in with repeated phrases and patterns** in well-known stories, building confidence, memory, and enjoyment of reading

Expressive Arts and Design

In EAD, we will be exploring music and storytelling creatively.

We will be:

- Using instruments for a purpose to create **sound effects**
- Exploring **beat and rhythm** through songs such as *Cauliflowers Fluffy*
- Developing storytelling skills using puppets and role play

How you can help at home:

- Encourage your child to make up stories using toys or puppets
- Explore sounds using household objects or instruments

Physical Development

We will be learning about how to look after our bodies and make healthy choices.

We will be

- Talking about the importance of **brushing teeth** and how to do it properly
- Making **healthy food choices**
- Trying **new or unfamiliar foods**
- Talking about the changes we notice in our bodies when we are active
- Designing and making a **healthy packed lunch** using some of the plants we have grown

How you can help at home:

- Encourage regular tooth brushing and talk about why it is important
- Involve your child in preparing meals or packed lunches
- Encourage them to try new foods and talk positively about healthy choices
- Talk about how their body feels after running, jumping, or being active