

## Netball Tournament Match Report – Aston Rowant Owls

On 19<sup>th</sup> March 2026, the Aston Rowant Owls travelled to Barley Hill to take part in an exciting netball tournament, and it was an experience we are incredibly proud of.

We took 14 players to Thame, where we played two matches, each made up of four full quarters. This meant everyone had the opportunity to contribute, show responsibility on court and support one another as a team.

Throughout both matches, we worked hard to apply what we have been learning in training. We showed maturity and resilience, especially when games felt challenging, and we never stopped encouraging each other. Our teamwork was strong, with clear communication, thoughtful passing and great effort in both attack and defence.

What stood out most was how much progress we have made as a team. We played with increased confidence, took more responsibility for our positions and made stronger decisions under pressure. Even when things didn't go our way, we stayed positive, focused and respectful, showing excellent sportsmanship at all times.

Every player played an important role, whether on or off the court, and we supported each other throughout the evening. We represented our school with pride and demonstrated the values of commitment, cooperation and perseverance.

We are really proud of how we performed and how we conducted ourselves. This tournament helped us grow not only as netball players, but also as confident, resilient and supportive teammates.

