

Note: Titles below use Kapow’s mixed age wording seen in published parent guides and school LTPs. Schools implement the same structure, with minor wording variations by version.

Year 1/2 (Cycle A)

Term	Unit	Strand
Autumn 1	Introduction to plants	Plants
Autumn 2	Seasonal changes	Forces, Earth & space
Spring 1	Habitats	Living things & habitats
Spring 2	Life cycles & health	Animals incl. humans
Summer 1	Plant growth	Plants
Summer 2	Making connections: Ocean protectors	Making connections

Year 1/2 (Cycle B)

Term	Unit	Strand
Autumn 1	Sensitive bodies	Animals incl. humans
Autumn 2	Everyday materials	Materials
Spring 1	Comparing animals	Animals incl. humans
Spring 2	Uses of everyday materials	Materials
Summer 1	Microhabitats	Living things & habitats
Summer 2	Making connections	Making connections

Year 3/4 (Cycle A)

Term	Unit	Strand
Autumn 1	Light & shadows	Energy (Light)
Autumn 2	Movement & nutrition	Animals incl. humans
Spring 1	Rocks & soil	Materials (Rocks)
Spring 2	Digestion & food	Animals incl. humans
Summer 1	Electricity & circuits	Energy (Electricity)
Summer 2	Making connections	Making connections

Year 3/4 (Cycle B)

Term	Unit	Strand
Autumn 1	Forces & magnets	Forces, Earth & space
Autumn 2	States of matter	Materials
Spring 1	Sound & vibrations	Energy (Sound)
Spring 2	Classification & changing habitats	Living things & habitats
Summer 1	Plant reproduction	Plants
Summer 2	Making connections	Making connections

Year 5/6 (Cycle A)

Term	Unit	Strand
Autumn 1	Mixtures & separation	Materials
Autumn 2	Properties & changes	Materials
Spring 1	Earth & space	Forces, Earth & space
Spring 2	Circulation & health	Animals incl. humans
Summer 1	Light & reflection	Energy (Light)
Summer 2	Making connections: How reflective are space blankets?	Making connections (application of light)

Year 5/6 (Cycle B)

Term	Unit	Strand
Autumn 1	Life cycles & reproduction	Living things & habitats / Animals incl. humans
Autumn 2	Imbalanced forces	Forces, Earth & space
Spring 1	Classification: big & small	Living things & habitats
Spring 2	Circuits, batteries & switches	Energy (Electricity)
Summer 1	Evolution & inheritance	Living things & habitats (evolution)
Summer 2	Making connections	Making connections

Kapow's mixed age long-term plan and "parent guides" confirm the cycle structure and strands; titles above reflect the standard wording used in published overviews.