

## Aston Rowant C+E Primary School

### Annual RSE Governor Report – July 2025

#### Prepared by:

Mr Manning – Year 6 Class Teacher  
Mrs H France – Headteacher

#### Cohort Information (2025)

- Total pupils: 10
- Girls: 5
- Boys: 5

*A smaller cohort this year resulted in particularly rich discussion, personalised responses and stronger teacher-pupil rapport.*

#### Overview of Delivery

RSE in 2025 continued to follow our Kapow curriculum and updated policy (Ofsted-aligned and compliant with DfE guidance 2020). Delivery again reflected our Christian values and safeguarded pupil wellbeing.

#### Curriculum Sequence (Kapow-aligned)

The structure remained consistent:

1. Kapow puberty and growing-up films
2. Whole-class discussion/questions
3. Kapow reproduction content (How Babies Are Made)
4. Single-sex group sessions
  - Girls with Mrs France
  - Boys with Mr Manning

#### Notable Enhancements in 2025

- Due to the smaller class, pupils were noticeably more comfortable discussing puberty and asking questions.
- Pupils demonstrated higher prior knowledge from Year 5 PSHE content, enabling deeper discussion.
- The question box yielded thoughtful queries about emotional regulation, friendships changing during puberty and digital safety relating to relationships.
- Teachers incorporated an additional Kapow prompt around **online pressures**, including respectful behaviour, body image influences and consent, making this year's delivery especially strong on safeguarding themes.
- Boys' group: Additional emotional maturity noted; greater willingness to ask about body image and privacy.
- Girls' group: Increased confidence around menstruation management and period poverty was discussed sensitively, linking to dignity and self-care.

## **Safeguarding Overview 2025**

- No safeguarding disclosures were made.
- However, one pupil expressed anxiety about puberty starting earlier than peers; this was discussed with parents and logged appropriately (information-only).
- The DSL praised the high-quality safeguarding integration within RSE sessions.

### **Strength this year:**

The cohort asked more “what if” questions about peer pressure and online behaviour, showing growing digital maturity and reflective thinking—an important ESAT safeguarding indicator.

### **Pupil Engagement & Response**

- Pupils showed exceptionally high engagement.
- Several commented that having a small group “made it easier to ask questions.”
- Pupils responded positively to the Christian framing of relationships and respect.
- Teacher observation indicated increased maturity and empathy across the cohort.

### **Parent Engagement 2025**

- Parents again previewed materials; no withdrawals.
- Two parents asked for follow-up guidance about helping children manage puberty at home; resources were provided.

### **Curriculum Impact 2025**

- Pupils demonstrated accurate understanding of bodily changes, reproduction, respect, consent (age-appropriate) and safety online.
- Stronger emotional vocabulary was evident compared to previous years.
- The balance of boys and girls (5 each) supported equal representation in group discussions.
- Teachers noted improved confidence compared with the 2024 cohort, likely influenced by smaller numbers and increased pastoral support.

### **Overall Judgement (Internal Evaluation)**

RSE provision at Aston Rowant continues to be HIGH QUALITY, compliant with all statutory duties, and strongly aligned with our Christian vision.

Both cohorts demonstrated:

- age-appropriate understanding of body changes;
- respect for themselves and others;
- good safeguarding awareness, particularly around online pressures;
- confidence in asking questions in a safe and nurturing environment.