

Aston Rowant C+E Primary School

Annual RSE Governor Report – July 2024

Prepared by:

Mr Manning – Year 6 Class Teacher
Mrs H France – Headteacher

Cohort Information (2024)

- Total pupils: 17
- Girls: 9
- Boys: 8

Overview of Delivery

RSE for 2024 was delivered in line with the school's updated policy, Kapow's structured RSE Programme and DfE statutory requirements. Teaching was rooted in our Christian values: **Gratitude, Resilience, Outreach, Wonder, Trust and Harmony.**

RSE was taught through two core strands:

1. **Growing Up & Puberty**
2. **How Babies Are Made (Human Reproduction)**

Curriculum Sequence (Kapow-aligned)

1. **Introductory films** on puberty and growing up
 - Pupils watched age-appropriate Kapow videos introducing physical and emotional changes, hygiene, menstruation, voice deepening, and bodily changes.
 - The content was paused frequently for clarification, vocabulary reinforcement and reassurance.
2. **Whole-class Q&A**
 - Pupils then engaged in an open, teacher-facilitated question session.
 - Ground rules ensured safety, respect and privacy.
 - A question box allowed anonymous submissions, reducing anxiety and encouraging thoughtful queries.
3. **How Babies Are Made**
 - A Kapow "Life Cycles / Human Reproduction" video was used to introduce conception in a factual, sensitive manner.
 - Content was framed around family, care, responsibility and loving relationships, consistent with *Valuing All God's Children*.
4. **Single-sex follow-up groups**
 - Girls worked with **Mrs France**
 - Boys worked with **Mr Manning**
 - These groups allowed children to ask more personal questions in a comfortable environment.
 - Puberty products (e.g., pads, deodorant types) were shown and discussed with the girls to support practical readiness.
 - Boys were given additional reassurance around emotional changes, body image and voice changes.

Safeguarding Overview 2024

- No safeguarding disclosures arose during RSE lessons.
- Some pupils expressed worries about puberty; these were followed up individually by the class teacher.
- All teaching staff followed safe working practices and used Kapow resources consistently.
- Questions suggesting heightened anxiety were flagged to the DSL for awareness (not concern), demonstrating strong safeguarding culture.

Pupil Engagement & Response

- Pupils demonstrated maturity and respect during discussions.
- Anonymous question submissions showed a growing emotional literacy and secure climate for discussion.
- Several pupils commented that they “felt relieved” to understand puberty better.

Parent Engagement 2024

- All Year 6 parents were invited to preview the teaching materials.
- No withdrawals were requested.
- Parents expressed appreciation for the clarity, tone and quality of resources.

Curriculum Impact 2024

- Pupils left Year 6 with age-appropriate understanding of puberty and reproduction.
- Increased confidence was observed in pupils discussing body changes.
- Girls demonstrated good practical understanding of menstruation and cycle management.
- Boys demonstrated increased ability to articulate feelings and emotional changes.