

ANNUAL RSE STATEMENT

Updated July 2025

At Aston Rowant C+E Primary School, our Relationships and Sex Education (RSE) curriculum is designed to help every child flourish academically, emotionally and spiritually. Rooted in our Christian vision of *“Growing together, rooted in God, enjoying fullness of life”*, our RSE provision teaches pupils how to build healthy, respectful relationships and how to understand the changes that take place as they grow.

We use the **Kapow Primary** scheme to ensure our curriculum is high quality, age-appropriate, inclusive and fully aligned with statutory DfE guidance.

Our RSE Curriculum Includes:

- developing self-esteem, confidence and emotional literacy
- learning about friendships, families and different kinds of loving relationships
- understanding boundaries and respect
- staying safe online and offline
- learning about body changes during puberty
- understanding, in Year 6, how babies are made (taught sensitively and factually)

How RSE is Taught

RSE is delivered within PSHE by trained class teachers, supported by the Headteacher and our designated safeguarding team. Teaching takes place in a respectful and supportive environment with established ground rules to ensure children feel comfortable and listened to.

In Year 6, children begin with video materials from Kapow on puberty and growing up, followed by whole-class discussion. We then cover human reproduction using factual, age-appropriate resources. Children may submit questions anonymously, and we respond sensitively to individual needs. Lessons end with single-sex groups led by a teacher of the same gender to allow pupils to ask personal questions in a safe space.

Safeguarding in RSE

Safeguarding is at the heart of our RSE practice. Any concerns raised by pupils are handled promptly by our Designated Safeguarding Lead. All staff follow *Keeping Children Safe in Education* and our school Child Protection Policy.

Parental Involvement

Parents play a vital role. Each year we provide information about the content of RSE lessons, and Year 6 parents are invited to view teaching materials in advance. Parents may withdraw their child from the non-statutory sex education element of RSE, but not from statutory Relationships Education.

Monitoring and Review

The Headteacher and RSE Lead monitor the quality, safety and impact of delivery. Governors receive an annual update each July.

Our aim remains simple:

to prepare all children for life in modern Britain with confidence, respect, empathy and a secure understanding of their own identity and value.